Therapy with Couples: A Behavioural-Systems Approach to Couple Relationship and Sexual Problems

Since the first edition of this practical book was published in 1990, a number of important developments have taken place and have been incorporated into the new edition. Co-habitation, remarriage, step-parent/step-child relationships and their implications for the extended family, their strengths and areas of tension are examined.

There are now many kinds of "non-traditional" relationships that accompany an increasing divorce rate and the shrinking number of marriages. Accompanying these changes has been a development in therapeutic approaches and additional outcome data is now available. Rapid progress has been made in treatments, and their implications are described. In addition the therapeutic managing of separating and divorcing couples, domestic violence, and the aftermath of sexual and physical abuse are discussed.