Now in its second edition, The 5-Minute Sports Medicine Consult is a clinically oriented quick consult reference for sports medicine.

Common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-access 5-Minute Consult format. Chapters on musculoskeletal problems cover basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals; and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include clinical care algorithms, a guide to the preparticipation examination, and patient education handouts.

New features for the second edition include:

--NEW: More than 20 new chapters on sports medicine topics such as ACL injuries, tennis leg, heel pain
--NEW: More illustrations
--NEW: Expanded physical therapy section
--NEW: New sections on the preparticipation physical exam and the sports bag
--NEW: Chapters on general medicine dropped
--Broad coverage of topics
--Easily accessible format allowing ease of use