Sports Medicine Consult: A Problem-Based Approach to Sports Medicine for the Primary Care Physician

This book provides clinicians treating athletes at the point of care with concise, practical keys to evaluation and functional treatment of sports-related problems.

This book provides clinicians treating athletes at the point of care with concise, practical keys to evaluation and functional treatment of sports-related problems is organized by chief complaint and guides clinicians to a rational differential diagnosis, a thorough history and physical exam, appropriate diagnostic testing, an accurate diagnosis, a sports-specific treatment plan, and safe return-to-play recommendations.

Bulleted sections, icons, and a uniform layout help readers quickly find key information to make a diagnosis, order tests, initiate treatment, recognize indications for referral, and identify red flags. Appendices describe injection techniques and detail progressive return-to-play programs for throwing and running athletes.

Publication Year: 2009
Edition: 1st Ed.
Author/Editor: Busconi, Brian D.; Stevenson, J. Herbert
Publisher: Lippincott Williams & Wilkins (LWW)
ISBN: 978-0-781-78720-8
Platform: OvidMD, Ovid
Product Type: Book
Speciality: Physical Therapy, Sports Medicine
Language: English
Pages: 352
Illustrations: 160
Included In: Lippincott Williams & Wilkins Classic Book Collection 2018, Lippincott Williams & Wilkins Sports Medicine and Orthopaedics Book Collection 2018