This Spiral(R) Manual provides concise, accessible information on the full spectrum of clinical problems in primary care. Written from the family physician’s perspective, the book emphasizes ambulatory care, plus pertinent hospital-based and home-based health problems.

Throughout all chapters, the focus is on disease prevention and health maintenance. Topics include frequently encountered diagnostic challenges such as amenorrhea and fatigue, management of common disorders such as diabetes mellitus and hypertension, and selected procedures such as obstetric ultrasound and nasolaryngoscopy. This edition includes three new chapters on valvular heart disease, sexual assault, and pain management.