Renowned psychologist Peter Breggin documents how psychiatric drugs and electroshock disable the brain. He presents the latest scientific information on potential brain dysfunction and dangerous behavioral abnormalities produced by the most widely used and newest psychiatric drugs.

Many of Breggin's earlier findings have improved clinical practice, led to legal victories against drug companies, and resulted in FDA-mandated changes in what the manufacturers must admit about their drugs. Yet reliance on these drugs has continued to escalate in the last decade, and drug company interests have overwhelmed psychiatric practice.

This greatly expanded second edition, supported by the latest evidence-based research, shows that psychiatric drugs achieve their primary or essential effect by causing brain dysfunction, and that they tend to do far more harm than good.

* New scientific analyses in this completely updated edition include:
  * Chapters covering every new antidepressant and stimulant drug
  * Twenty new guidelines for how to conduct non-drug therapy
  * A chapter describing how to safely withdraw from psychiatric drugs
  * A discussion of "medication spellbinding," explaining how patients fail to appreciate their drug-induced mental dysfunctions
  * Documentation of how the drug companies control research and the flow of information about psychiatric treatments