This authoritative guidebook documents all the nonmedical approaches nurses will need when treating women with functional complaints, diseases, and disorders, including depression, breast cancer, menopause, pregnancy, and more.

Complementary and alternative therapies have become increasingly popular in the West, but to date no book has served as a practical, how-to guide for administering complementary therapies specifically for women. For each condition and disease, the author outlines expected responses, cautions, assessments, tips for treatment, and additional references.

Key Features:
* Describes treatment and effects, methods of use, precautions, and long term vs. short term use
* Offers extensively detailed case studies
* Features tables comparing various approaches by disease or condition
* Lists available products and training programs for each disease or condition