In this, the first guide to critical thinking for counselors in the addiction and mental health counseling fields, the author takes a yardstick to the many fallacies that permeate the unscientific fields of addiction and mental health counseling and offers skills in critical analysis that will both improve individual treatment and the field at large.

Addiction professionals make decisions everyday that impact peoples lives. Sometimes these decisions are solid, and sometimes they are the result of flawed thinking, which often results from myths and generalizations that are perpetuated in the field. Thinking flaws are common not just in counselors, but in supervisors, administrators, and presenters, and can lead to potentially negative outcomes both for clients and for programs.

In this easy-to-read guide--the first to bring together critical thinking and addiction work--critical thinking expert and addiction professional Dr. Michael J. Taleff offers readers the tools they need to think critically and make better decisions.

Readers learn:

* To evaluate their critical thinking abilities
* The characteristics of a critical thinking professional
* What drives bad thinking in addiction work
* How to recognize and avoid thinking fallacies
* The ethics and consequences of using critical thinking

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