Depression: A Practitioner's Guide to Comparative Treatments

This volume comprehensively compares and contrasts alternative models of and treatment approaches to clinical depression.

Each contributor, a recognized expert in his or her modality, analyzes the same case and provides:

* an overview of the treatment model
* empirical evidence for both the model and treatment derived from it
* treatment strategies and interventions, including termination issues, relapse prevention, and recommendations for follow-up care

Among the 12 approaches presented are Object Relations, Cognitive Therapies, Schema-Focused, Couple and Family, Integrative Psychotherapy, and Psychopharmacology. A significant contribution to this volume is the chapter on cultural considerations for understanding, assessing, and treating depression.

Publication Year: 2007
Edition: 1st
Author/Editor: Reinecke, Mark A.; Davison, Michael R.
Publisher: Springer Publishing Company
ISBN: 978-0-8261-2093-9
Platform: Ovid
Product Type: Book
Speciality: Clinical Psychology
Psychotherapy
Language: English
Pages: 528
Illustrations: 0