Featuring up-to-the-minute data on over 325 herbs, Nursing Herbal Medicine Handbook, third edition can quickly answer nurses’ questions about herbs and their uses.

Herbs are listed alphabetically by popular name, and each entry covers the herb’s actions and components, uses, preparation and amounts, adverse reactions, interactions, effects on lab test results, cautions, nursing considerations, and patient teaching.

This edition features a new section on dietary supplements including complete coverage of vitamins and minerals, plus an updated section on nutraceuticals. Appendices include information on herb-drug interactions, a diseases list and the herbs that are used for them, and what to monitor when your patient is using herbs.

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