EMDR (Eye Movement Desensitization and Reprocessing) as a means of trauma resolution has been available to therapists since its discovery in 1987 and is now a treatment that is well supported by a large body of scientific research. But until now, its use with clients affected by dissociative disorders has been difficult and at times even impossible. This book explains why.

By integrating EMDR with ego state therapy techniques, the editors present to clinicians a novel approach to successfully treating clients with the most severe trauma-related disorders. This interdisciplinary model provides a comprehensive guide that can safely promise EMDR treatment to a broader range of challenging clients who would not otherwise be candidates for it.

Features of this edition:
- The first definitive look at the use of EMDR to treat dissociation and the dissociative disorders
- Opens a window into the psyches of clients whose healing depends on their therapists’ enlistment of integrative interventions
- Provides practical applications for a full range of mental health practitioners: psychiatrists, psychologists, social workers, nurses, and counselors
- Clearly outlines the phased treatment that extends the EMDR Preparation phase to create safety and stability for complex trauma clients
- Offers cutting edge information for graduate students in the mental health field