Strengths-based batterer intervention programs serve as a unique approach to intimate partner violence (IPV), building on individual strengths—not deficits—to help IPV offenders end their abusive lifestyles. This book assists counselors in providing IPV offenders with the skills, knowledge, and resources they need to permanently change their offending behavior.

The book discusses emerging theories and presents cutting-edge batterer intervention techniques that use positive psychology, such as solution-focused therapy, strengths-focused cognitive behavioral therapy, narrative therapy, and motivational interviewing.

Key Features:
- Chapters are conveniently organized by therapeutic model, each discussing the latest research, core concepts, objectives, and applications
- Case studies, both real-life and hypothetical, presenting quotes from and dialogues with offenders undergoing treatment
- Counselor tools, including exercises, questions, and assessment strategies that build on the offenders' strengths and competencies

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