Structured Group Psychotherapy for Bipolar Disorder: The Life Goals Program

This updated and substantially revised edition not only incorporates the expansion of the pharmacological armamentarium available for treatment but also integrates the explosion of evidence-based data for psychosocial interventions.

The authors, a psychiatrist-nurse team, have fine-tuned their two-phase treatment program and present a clear and concise approach to improving illness self-management skills, as well as social and occupational functioning.

Publication Year: 2003
Edition: 1st
Author/Editor: Bauer, Mark S.; McBride, Linda
Publisher: Springer Publishing Company
ISBN: 978-0-826-11694-9
Platform: Ovid
Product Type: Book
Speciality: Clinical Psychology, Psychotherapy
Language: English
Pages: 400
Illustrations: 0