Primary Care Medicine: Office Evaluation and Management of the Adult Patient

This comprehensive text provides pertinent information on medical diagnosis, therapy, lab tests, and health maintenance essential to decision making in primary care medicine. Every chapter will be revised to include more images and tables and bulleted lists. Practical recommendations that incorporate the best available evidence, expert consensus guidelines, and clinical judgment guidelines are listed in bulleted items at the end of every chapter.

Clinicians and students at all levels and in all primary care disciplines will benefit from the clear, practical, evidence-based writing and recommendations that address the full spectrum of clinical problems encountered in the adult primary care practice. Whether it’s the answer to a screening, prevention, evaluation, or management question or a comprehensive approach to a complex condition, the reader will find a review of best evidence integrated with considerations of affordability, cost-effectiveness, convenience and patient preference. Chapters present actionable, scientifically validated guidance that allows physicians to go beyond standard consensus guidelines and provide highly personalized care. Special consideration is given to team-based approaches of primary care delivery, recognizing its increasing importance to achieving high levels of practice performance.

Primary Care Medicine’s digital format and quarterly updates ensure current, point-of-care decision support. New, online resources include a recommended curriculum for trainees and faculty, emphasizing a core knowledge base needed for all members of the primary care team, and access to state-of-the-art, condition-specific decision grids to facilitate patient participation in shared decision-making.

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