Complementary and Integrative Medicine in Cancer Care and Prevention: Foundations and Evidence-based Interventions

This text is designed to provide a comprehensive resource for students and practitioners on the evidence for and applications of complementary, alternative, and integrative medical therapies.

According to the US National Center for Health Statistics and the US Centers for Disease Control (2004), up to eighty percent of cancer patients undergoing treatment by oncologists and radiation therapists also supplement their treatments with complementary and integrative medicine (CIM).

This new book written by physicians and CIM experts from many disciplines, offers health care professionals the medical guidance needed to effectively learn and apply CIM modalities to cancer prevention, treatment and control. From a detailed presentation of the underlying science of cancer to a comprehensive review of therapies, history and legal aspects of CIM, this book is a must-have for all involved in the care of cancer patients. By presenting current evidence that CIM modalities may help improve quality of life and even help prolong survival in cancer patients, Dr. Micozzi, presents a wide-range of solutions for managing the effective use of CIM as an adjunctive and supportive treatment.