Based on interviews with over 20 health care providers and facilities who have successfully combined integrative medicine in their practices, this book outlines the pitfalls, legal road-blocks, and benefits of bringing complementary and integrative medicine into daily health care routines.

Topics addressed in this book include:
- What forces are driving the shift toward Integrative care
- The key legal issues governing individuals vs. institutions
- How established CIM institutions chose specific therapies, gained funding, and solved staffing issues
- The regulations for credentialing and how to comply
- Techniques for minimizing liability risks for institutions and individuals
- Strategies for effective informed consent
- Recommendations on dealing with the dietary supplement question

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