Provides a comprehensive overview of the dietetics profession. Now in its fourth edition, this text includes the most recent updates made by the Academy of Nutrition and Dietetics to its name, structure and internship protocols. The text provides an overview of the career opportunities for dietitians, explaining what they do, highlighting the specific areas of dietetic practice, and listing the requirements to become a dietitian. This text is an invaluable resource for both students and practitioners because of its thorough explanations and insight into the dietetic profession.

New to the fourth edition:
- Updated education and experience requirements
- New name for the association, the Foundation, and the journal
- New experience programs
- Expanded practice opportunities
- Updated membership and salary data
- New charts and tables
- Extensive appendix
- Updated references
- Current practice audits
- Trends in the dietetics profession