Provides a comprehensive and thorough presentation of the skills and processes needed to complete high quality research.

The main objective in writing a thesis or dissertation is to teach students how to conduct research in a planned and systematic way. In this book, students will receive an overview of the different approaches to research methods and are introduced to the five-chapter thesis or dissertation format. Each chapter contains information relevant to the writing of one or more chapters of a thesis or dissertation.

Designed for health education specialists, this text uses plenty of health education examples, some from former graduate students' work, to help students learn and understand how research is used within the Health Promotion and Education profession.