Hypertension Essentials 2010

All the 'essentials' needed to manage patients in the office, on the ward, and in the intensive care unit.

Hypertension affects hundreds of millions of individuals worldwide, including 60% of those over the age of 60. Proper treatment reduces by 30% the incidence and fatality from coronary heart disease, heart failure, stroke, and kidney disease.

This volume is a current, concise, and practical step-by-step guide to the diagnosis, evaluation, and treatment of hypertension. More than 50 clinical trials, common management pitfalls, and cardiovascular risk reduction measures are also described.