Examines the research and evidence connecting birth practices to breastfeeding outcomes

It takes an in-depth look at the post-birth experiences of the mother and baby, using the baby’s ability to breastfeed as the vehicle, the mother’s lactation capacity as a factor, and the intact mother-baby dyad as the model to address birth practices that affect breastfeeding.

The second edition has been completely revised to include new information on infant outcomes, including epidural anesthesia and Cesarean surgery, clinical strategies for helping the mother and baby recover from birth injuries, medications and complications, and information on the World Health Organization’s Baby-Friendly Hospital Initiative with its Mother-Friendly Childbirth Module.