A concise, easy-to-follow "how to" guide that puts you on a path to wellness by explaining prostate cancer treatments from start to finish. This book guides you through the overwhelming maze of treatment decisions, simplifies the complicated schedule that lies ahead, and provides valuable tools to help you to put together your plan of care. Empower yourself with accurate, understandable information that will give you the ability to confidently participate in the decision making about your care and treatment.

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