Empowers breast cancer patients and their families by providing authoritative, easy-to-follow information about each step of treatment, helping women to make informed decisions about their care.

Armed with this invaluable book, breast cancer patients will be well prepared for each phase of therapy, and perhaps most importantly, will learn how to continue to work and live life while receiving treatment. This outstanding resource provides breast cancer patients with the essential tools they need to cope with symptoms and to navigate the maze of modern treatment options.