Transformational Eldercare from the Inside Out: Strengths-Based Strategies for Caring

This book contains more than 75 strategies and resources to enhance professional services and caring.

Created from interviews with nurses, educators, doctors, social workers, chaplains and long-term care administrators, this book and its companion Facilitator’s Guide are designed to present a wide array of practical concepts, resources, and higher education and training programs which you can apply to your professional practice and/or your personal situation.

Caregivers will learn about the nature of elderhood, not only in terms of growing problems and diminishment, but in promoting transformational elderhood as a time of life that is also marked by social, psychological, and spiritual expansion.