Prove It! Evidence-Based Analysis of Common Spine Practice offers spine surgeons detailed guidance in using the principles of evidence-based medicine in treatment decisions.

The book presents a unique collection of 31 case studies in which noted experts review a patient's signs and symptoms and relevant images to determine the best-fitting diagnosis and then to develop a treatment plan based on the best available published evidence. The case-based approach allows the reader to see how evidence-based medicine can be directly and practically applied to the care of patients with a variety of disorders.