New Art and Science of Pregnancy and Childbirth, The: What You Want to Know from Your Obstetrician

Edited by prominent obstetricians in KK Women's and Children's Hospital, the largest maternity hospital in Singapore with about 12,000 babies delivered each year, this book provides a comprehensive and informative look at pregnancy and childcare.

The text covers topics ranging from pre-pregnancy care, pregnancy care, and actual delivery to baby care. It also addresses common questions like, "What are the pre-pregnancy vaccinations that I need?", "Is it safe to dye, re-bond or perm my hair when I am pregnant?", and “Are Chinese herbs and TCM safe for pregnancy?” Written by a diverse team of contributors, this easy-to-read book (replete with illustrations) is highly recommended for the lay person and busy career mums-to-be who are preparing for the arrival of their newborns.