Physical Therapy Prescriptions for Musculoskeletal Disorders equips musculoskeletal physicians with a full understanding of how to write an effective physical therapy prescription, what takes place during physical therapy, and how the therapist fulfills the prescription.

The book reviews cases of patients with typical musculoskeletal problems and shows how the physician arrives at a diagnosis and a physical therapy prescription. Each aspect of the prescription is discussed so that the physician understands each phase of the treatment. The book then follows the patient as seen by the physical therapist. The therapist describes exactly how (s)he uses the prescription, works up the patient, ascertains his/her own diagnosis and treats the patient. Illustrations show each of the exercises described.