This is a distinct integration of evidence-based practice and research for the baccalaureate nursing student. The text focuses on how students can incorporate research into their daily practice while considering the newest trends and research.

Important updates to the fourth edition include the focus on the meaning of evidence, the use of quality improvement, and the practical application of these aspects for the practicing healthcare provider. This is not a typical introduction to nursing research book; it is an evidence-based practice text that uses research.

New to the fourth edition:
- Increased focus on the meaning of evidence, use of quality improvement, and the practical application for the practicing nurse
- New chapter on quality
- Articles focused on the practical application of nursing research