The first English edition of traditional and modern TCM techniques by the legendary Chinese doctor Shi Xue-min

This book serves as an academic and practical reference for the serious student and senior practitioner alike. It provides a detailed explanation of point locations, functions, and indications, along with vivid illustrations, and describes ancient and recently developed needling and moxibustion techniques along with their clinical applications. It clearly illustrates the "Xing Nao Kai Qiao" needling technique known as "activating the mind and opening the orifices", a clinically proven effective technique for apoplexy and paralysis as well as other commonly known diseases.