A compilation of ten years of study and clinical practice that discusses meridian theory, syndrome-differentiation, therapeutic principles and a myriad of case studies to illustrate the scope of healing utilizing a single acupuncture point.

The authors cover herbal therapies, moxibustion and needling techniques necessary for optimal results. Each case study is detailed with the patient’s disease, symptomatological facts, syndrome differentiation, therapeutic principle, treatment specifics and results of each treatment. When applicable the authors add important clinical notes and observations that can only be gleaned from years of practice. A wide representation of diseases are discussed in the case studies in areas of internal disorders, surgical disease, obstetrics and gynecology, pediatric disease, and diseases of the skin, eyes, and ears.