This title relays the fundamentals of Chinese medical theory in a way that can be easily understood by physicians with a western medical background.

This text demystifies the principles of Chinese medicine and breaks it down into a clear and concise introduction to Chinese medical physiology, pathology, diagnosis and treatment. This is a highly informative book for all professional health care providers who are interested in studying Chinese medicine, and for anyone who simply wishes to understand the science behind this ancient art of healing.