In this book, 475 of the most commonly used medicinals are introduced and divided into 21 categories, according to their different actions and indications.

The more commonly used and important herbs are indicated within each chapter, using the different learning requirements in various course syllabi. Designed as a companion to textbooks, the content of this book is presented in comprehensive and easy to understand figures and tables. At the end of each chapter there are also tables to test your herbal knowledge with which you can test your understanding of both the medicinals and actions and indications.