An essential handbook for those treating COPD and bronchial asthma

A part of the Clinical Practice of Chinese Medicine series, this book aims to guide the reader through the complexity of clinical practice. Inside are detailed discussions on the clinical experience of renowned physicians from ancient and modern times that will enable the practitioner to become more adept at accurately diagnosing and effectively treating COPD and bronchial asthma.

Chronic obstructive pulmonary disease (COPD) and bronchial asthma are commonly seen respiratory diseases that severely influence a patient’s health and quality of life. Throughout the centuries, Chinese medical doctors have recognized the importance of these diseases and have accumulated rich clinical experience and a wealth of practical information. Using holistic methods Chinese medicine is able to help restore normal function to respiratory system, inhibit inflammatory cells and mediators, decrease airway hyper-reactivity and pulmonary hypertension, improve pulmonary ventilation function and blood circulation, and adjust organic immunity.