Part of the Clinical Practice of Chinese Medicine series, this book discusses, in detail, the clinical experience of ancient and modern-day renowned physicians and enables the practitioner to become more adept at using Chinese medicine in the diagnosis and treatment of scleroderma and dermatomyositis.

In clinical practice, scleroderma and dermatomyositis (DMS) are commonly and frequently seen in the dermatological department. These diseases invade the skin as well as multiple organs, thus severely influence health and are even life threatening. Therefore, they are recognized as difficult diseases to be cured with poor prognosis. Based on pattern differentiation, Chinese medical approaches can effectively decrease the side effects in biomedical therapies, regulate the immune system and improve the patients’ health and life quality.