The Shang Han Lun is widely regarded as one of the most important books in Chinese medicine; yet it is considered extremely difficult to master. This book elucidates key points about many of the formulas from the Shang Han Lun, bringing them out of the cloud of mystery and into the daylight of clinical practice.

In addition to the 50 formulas, this book includes the author's informal essays on diverse medical issues that explain new applications for many of these classical formulas. The author, Dr. Chen Rui-chun, has more than 40 years of clinical experience.