The focus of this book is on how to use modern diagnostic methods and Chinese medical treatment to address this problem. Cancer patients are plagued by the undesirable, and often unbearable, adverse effects of radiation therapy, chemotherapy and other treatment modalities. Many patients report these side effects to be just as, if not more, intolerable than the cancer itself.

The author of this book, Dr. Zhang Dai-zhao, is a well-known oncologist in China and is one of the leading authorities on the usage of integrative medicine to relieve the side effects of cancer treatment. There are few books on this subject available on the market, which makes this an invaluable resource for all clinicians who are involved in the management of cancer.