

Ovid®

How Can Chinese Medicine Help My Diabetes?: An Illustrated Guide

Rely on Ovid as the trusted solution that transforms research into results



Designed not as a manual but as a helpful key to bringing diabetes patients back to a healthier life

This clear and thorough book, especially designed for diabetes patients, introduces the basics of Chinese medicine treatment by describing helpful dietary advice and exercise, and provides step-by-step Chinese treatment methods. Topics range from prevention through diet, exercise, acupuncture, herbs, tui na massage, and more.

Publication Year	2007
Edition	1st
Author/Editor	Li, Xiao-li; Stimson, Carl
Publisher	People's Medical Publishing House
ISBN	978-7-117-09119-0
Platform	OvidMD, Ovid
Product Type	Book
Speciality	Endocrinology & Metabolism Patient Education TCM-Internal Medicine
Language	English
Pages	180
Illustrations	0
Included In	PMPH China All Books Collection 2013