Contemporary Medical Acupuncture: A Systems Approach

Contemporary Medical Acupuncture aims to bridge the gap between classical acupuncture therapy and contemporary medicine to achieve their ultimate integration.

Based on updated reviews and systematic analyses, the meridians are actually systems of physiological and pathological reflexes in the body, and acupuncture therapy is a type of reflexotherapy. In the book, a novel concept called whole body reflex zone is proposed, which may efficiently inherit and clarify the meridian system. The system methodology, together with the authors' clinical expertise of over 40 years, is applied to raise the reproducibility of effectiveness in treating various indications of acupuncture, especially intractable cases. Outstanding features of the book are its incisive and concrete descriptions about theories and techniques of clinical acupuncture, a novel systems approach, and a great deal of case studies. It is an advanced, practical and valuable resource for any acupuncture practitioner interested in sharpening clinical skills, as well as an essential and comprehensive text for MDs and other healthcare professionals desiring to learn the essence of medical acupuncture and integrate it into their general practice.