Pediatric Tuina, also known as Chinese Pediatric Massage, influences a child’s energetic flow in the same way as acupuncture, but uses gentle massage to activate the various points instead of needles. Techniques are designed to boost the function of the internal organs by balancing their intrinsic energies, strengthening the immune system, and promoting brain development.

Benefits of Pediatric Tui Na:

- Increases the circulation of Qi and blood
- Strengthens the immune system
- Promotes better sleeping and eating habits, socialization
- Improves coordination
- Strengthens the bond between parent/child thru touch
- Keeps children calm, happy and healthy
- Promotes brain development
- Safe and very effective
- Provides relaxation for both parent and child