As well as recounting factual achievements and events, this book examines the position of sport and international competition for people with a disability within their changing historical context and in relation to the Olympic Movement and able-bodied sport.

Today the Paralympic Movement is recognized as a global sporting phenomenon attracting thousands of athletes from an ever-increasing number of countries. Athlete First provides a thoroughly researched history and analysis of the Paralympic Movement, including the development and organisation of the International Paralympic Committee.

Written in an accessible style by a recognised historian, it will prove invaluable to researchers and professionals involved in the field of sport and disability as well as sport scientists and physical education specialists with an interest in sports history.

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