A vital resource for health professionals involved in the provision of care for people with diabetes

The incidence and prevalence of diabetes is increasing globally, and most health professionals are likely to care for people with diabetes. In such cases they may often find that they have to make clinical decisions without expert support, which can be difficult for both patient and carer.

This book provides this support by exploring common clinical problems in diabetes care, and providing practical solutions based on evidence and the clinical experience of diabetes educators, endocrinologists, general practitioners, and other health professionals who encounter such problems on a daily basis. Each chapter begins with an introductory section presenting an overview of the management of diabetes, including short and long term complications and management targets across the lifespan. The authors then pose commonly encountered diabetes management problems, developing comprehensive responses from a range of relevant health professionals who each provide management suggestions from their area of practice.