Bobath Concept: Theory and Clinical Practice in Neurological Rehabilitation

Authored by members of the British Bobath Tutors Association - a practical illustrated guide that offers a detailed exploration of the theoretical underpinning and clinical interventions of the Bobath Concept

The evolution of the Bobath concept - the recognition that the best inhibition may come from engaging the patient in normal activities - is brilliantly captured in this volume.

This book guides the reader through general principles to more specific application of neurophysiological principles and movement re-education in the recovery of important areas, including moving between sitting and standing, locomotion and recovery of upper limb function. It’s invaluable to undergraduate and qualified physiotherapists /occupational therapists and all professionals working in neurological rehabilitation.