A comprehensive, practical text that aims to increase knowledge and understanding of depression enabling professionals to enhance the care delivered to patients with depression.

This text explores depression across all ages, starting with children and teenagers, through adulthood and finally old age. It explores depression amongst different groups including children and teenagers, depression throughout the adult female lifecycle and depression in later life. It also discusses the impact of depression in people with learning disabilities and those from ethnic minority and immigrant populations. It also looks at topics including the causes and treatment of depression, the impact of stress and depression upon work and wellbeing, depression in chronic illness, suicide and self harm, and managing depression in primary and secondary care are included.

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