Promoting the health and wellbeing of children and young people is a vital part of every child nurse’s role. Promoting Health in Children and Young People provides practical guidance on everyday health issues such as preventing obesity, dental health, skin care and prevention of diseases and infections.

The book explores best practice for nursing children with chronic illnesses such as asthma, cancer, diabetes and disabilities, and gives guidance on promoting the health of adolescents looking at issues of sexual health, smoking, drugs and alcohol. Each chapter discusses key health promotion messages, relevant government policy and health promotion activities. This accessible text provides nurses with the skills and knowledge to transform the NSF into everyday health promotion practice.