SmartHelp for Good 'n' Angry Kids: Teaching Children to Manage Anger

SmartHelp for Good 'n' Angry Kids provides the reader with an innovative tool for determining a child's individual learning strengths, and for pairing this information with specific, carefully crafted activities that teach the child about anger and its appropriate expression.

The text provides innovative tools for identifying each child's individual learning strengths, including personalized learning -- providing primary, secondary and tertiary techniques to suit your child. This book is a vital supplement to standard psychotherapeutic approaches such as play therapy, cognitive behavioural, family therapy and traditional anger management techniques.