Overactive bladder and urinary incontinence affect over 30 million men and women in the United States alone. Despite this high prevalence, incidents are largely undiagnosed and untreated, mainly because patients hold misconceptions or are too embarrassed to talk about it. If you suffer from the discomfort, inconvenience, and embarrassment of overactive bladder or urinary incontinence, or have a friend or relative who does, this book offers help.

Written by two prominent urologists, with "insider" advice from actual patients, this book is an invaluable resource for anyone coping with the physical and emotional turmoil of these sometimes debilitating conditions.