Topics in Clinical Nutrition (TICN) is a peer-reviewed, quarterly journal designed as a resource for the continuing education and clinical practice of dietitians and nutritionists.

Each issue of TICN addresses topics of interest primarily to dietitians and nutritionists, students and interns in professional training programs and other health care personnel involved in the nutritional care of patients. Articles include translational research reports (work that applies new knowledge to practical effect), practice projects, evidence-based literature reviews, case studies and book reviews, and articles that highlight education theory and applied research that share the tools and techniques of nutrition and dietetics education.

Archives Available

Impact Factor .466
ISI JCR Ranking 71/81 (NUTRITION & DIETETICS)
Author/Editor Gilbride, Judith A.
Publisher Lippincott Williams & Wilkins (LWW)
ISSN 0883-5691
Platform OvidMD, Ovid
Product Type Journal
Speciality Critical Care
Nutrition & Dietetics
Nutrition/Diet Therapy
Language English
Frequency Quarterly
Coverage Vol 17 #2 (2002) - Present
PDF Coverage Vol 17 #2 (2002) - Present
Archives Topics in Clinical Nutrition - Comprehensive Biennial Archive
Included In Hospital Medical Reference Essentials 2019 DS
Lippincott Williams & Wilkins Comprehensive Archive Collection
Lippincott Williams & Wilkins Gastroenterology & Hepatology Journal Collection
Lippincott Williams & Wilkins Nursing and Health Professions Comprehensive Archive Collection 2019
Lippincott Williams & Wilkins Total Access Collection 2019
LWW Nursing and Health Professions Premier Collection with Ovid Emcare 2019
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