Official Journal of the International Lactation Consultant Association

Written for professionals by professionals, the Journal of Human Lactation deals with the practical, every day topics that nurses, lactation consultants, midwives, nutritionists/dieticians, public health and social workers, therapists, and physicians face everyday, such as:

- Immunological factors in human milk and HIV transmission through breastfeeding
- Nipple wound care
- Herbal medications and breastfeeding
- The effects of maternal labor analgesia on infant feeding
- Evaluating breastfeeding promotion interventions
- Breastfeeding of very low birth weight infants
- Determinants of infant feeding practices
- The role of breastfeeding in reducing the risk of Sudden Infant Death Syndrome
- Pacifier use
- The use of alternative therapies in the support of breastfeeding mothers and infants
- Nipple shield use among premature infants
- Co-sleeping/Bedsharing during lactation

While strongly advocating and supporting breastfeeding, the journal publishes a balanced view of many of the issues through helpful and immediately useful features such as:

- Original Research
- Independent Study Module for Lactation Consultants
- Insights in Practice (innovative teaching aids and procedures, charting, and referral forms specific to a lactation workup)
- Consultants? Corner (a lively exchange of ideas, approaches and opinions on clinical issues)
- Clinical Perspectives
- Editorials
- Letters to the Editor
- Currents in Human Milk Banking
- The Galactopharmacopedia
- Physicians' Focus
- Literature Reviews
- Case Reports
- ILCA’s Inside Track
- Research to Practice
- IBLCE Reports
- Reviews
- Abstracts in Spanish

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