Current Sports Medicine Reports harnesses the tremendous scientific and clinical resources of ACSM to develop articles reviewing recent and important advances in the field that have clinical relevance. The journal’s goal is to translate the latest research and advances in the field into information physicians can use in caring for their patients.

To accomplish this goal, the journal divides the broad field of sports medicine into 12 sections, each headed by a physician editor with extensive practical experience in that area. The current sections include:

- Head and Neurologic Conditions
- Spine Conditions
- Chest Conditions
- Abdominal Conditions
- Sideline and Event Management
- Training
- Exercise is Medicine
- Nutrition & Ergogenic Aids
- Extremity Conditions
- Sports-specific Illness and Injury
- Competitive Sports and Pain Management
- Special Populations

Additionally, each issue includes a "Web Alert" feature to keep the physician up-to-date on the latest sports medicine sites on the Internet, a " Pearls & Pitfalls" section designed to provide insightful commentary on hot topics evolving in the field, a "Scanning Sports Medicine" section to keep one current on the latest research done by ACSM colleagues, and an "ACSM Clinician Profile" section in which a prominent ACSM physician member provides his or her perspective on where the field has been and where it needs to go.

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